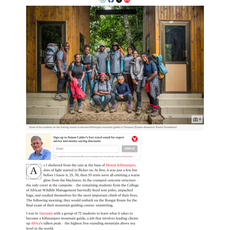
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I trained with Kilimanjaro mountain guides – this is what it takes to become one

In Tanzania, **Annaliese Smith** joins the students from the College of African Wildlife Management as they attempt to pass one of the hardest tests of their lives

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Some of the students are training using a backpack filled with sandbags (Annaliese Smith/Independent)

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A t sixthered from the vein at the base of Mount Kilimanjaro, I was at high enough to flicker out. Now, it was just a few inches from the blackness. In the cramped concrete structure, the only voice at the campsite – the remaining students from the College of African Wildlife Management (CAWM) – had fallen silent. I was exhausted, high, and mashed themselves for the most important climb of their lives. The following morning, they would embark on the Kenyan Route for the final route of their mountain-guiding course: summiting.

I was in Tanzania with a group of 77 students to learn what it takes to become a mountain guide. Each year, around 30,000 people attempt to climb up Africa's highest peak – the highest free-standing mountain above sea level in the world.


Hiking Mount Kilimanjaro is a dream for experience for many. (Emma Thomas)

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Evans, a 32-year-old student, was standing quietly beside me. Like many of his colleagues, he started on the mountain as a porter, a somewhat thankless job that involves carrying the bags of the climbers. With a luggage-LAPD misery-above-sea-level, Porters transport equipment at a rock, clean and set up camp. The casual nature of the role can often lead to exploitation, with poor formal contracts and a lack of oversight for proper working conditions.

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"My father died when I was four," Evans told me, "I started as a porter when I was 18 to help my family financially and to support my studies." Mountain work can be a lifeline for those in remote communities, even without access to a formal education (which accounts for 72 per cent of Tanzania's porters). Evans's father was a CAWM graduate himself. In fact, it's one of the most lucrative career paths for locals without qualifications, as the eventual progression to chief guide comes with an often life-changing income.

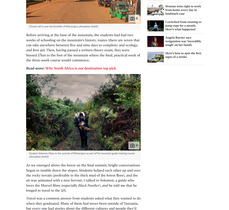
Although the college prides is ardent students with mountain experience, Evans had only climbed Kilimanjaro once before starting the course. But before starting the course, applicants had their name before attempted the climb, the require a secondary-level education though, due to the fact that the course is taught in English and guides are required to have at least a basic understanding of the language.

"It's rare to find those who have been porters or assistant guides first," Professor Eric Kisingo, the college's director for academics, told me in his tackleroney-stuffed office.

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For some students on the course, such as best friends Mercedes and Dennis, protecting was something they'd been doing for a decade in varsities. Both grew up near Mount Kilimanjaro and had spent their childhoods watching family members, and neighbours, disappointed up the mountain every December to March and life to them.

Dennis told me: "I liked tourists, as as soon as I got the chance to hike the mountain, I said, 'One day I will study and become a mountain guide.'" Both had to save for around a year for the 18 months of protecting experience before their final exam. The course is extremely

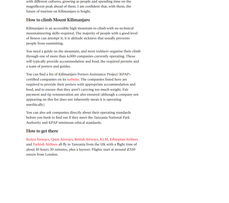

Annaliese Smith at Stella Point on the crater rim of Mount Kilimanjaro (Annaliese Smith/Independent)

demanding and has a failure rate of around 50 per cent. Students must have had a decade, while others had never set foot on the mountain. Although the course has a remarkably high pass rate at 90-95 per cent, two of the cohort failed to summit due to altitude sickness.

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It surprised me how quickly fatigue set in, even on the mountain's lower slopes. Within the first few days, I found myself falling behind. Although I had summit walks shortened, the general pace didn't slow significantly. Small backpacks would force us students strapped to take pictures or take notes on the mountain, before the group carried on steadily through the thick grass at the forest.

"Pole pole" is a phrase you'll hear often if you climb Kilimanjaro. It translates to "slowly, slowly" in Swahili and is the exquisite advice the guides offer to ease climbers up the mountain safely.


Students and instructors from the CAWM pass Kilimanjaro's Barranco Wall (Annaliese Smith/Independent)

Before arriving at the base of the mountain, the students had had two weeks of schooling on the mountain's history, routes (there are seven that can take anywhere between five days and nine days to complete) and ecology, and first aid. Then, having passed a written theory exam, they were finally ready to begin the practical component. On the first practical week of the three-week course would commence.

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Mount Kilimanjaro is the summit of Kilimanjaro is part of Africa's highest peaks (Annaliese Smith/Independent)

As we emerged above the forest on the final summit, bright conversations about the mountain's flora and fauna fell away to silence. Ahead of us, above the rocky terrain specialised to the thick mud of the Karen Rover, and the air was animated with a new format. I talked to Solomon, a guide who knew the Marvel films (especially *Black Panther*), and he told me that he longed to travel to the US.

I asked a number of students from students asked what they wanted to do when they graduated. Many of them had never been outside of Tanzania, but every one had stories about the different cultures and people they'd met from all over the world. The wage increase from being a porter to a guide (which is sometimes more than double) can be a ticket to a world of opportunities.

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Tuition fees are 800,000 Tanzanian shillings (£320), which the students typically save from their preceding income. This sacrifice their low-season wages during the three-week course and, for many who need to support families financially, it's a huge commitment. Scholarships are available, but penning can be such beneficially resources work. Though there are no bursaries available, such as the Robertson Outdoor Bursary, which funds the training of conservation-motivated persons through donations, simply making it to the college is testament to their dedication. These centuries-old skills are passed down by CAWM's experienced instructors, who have combined research the summit and to their lessons as fully qualified mountain guides.

Mount Kilimanjaro's peaks are a Unesco World Heritage site (Annaliese Smith)

I asked each of them what they wanted to do when they graduated. Mercedes wanted to finish her degree in tourism and hospitality, and travel to California. Expertise Ruwchungwa was investing his time in creating a wildlife education programme, and Evans hoped to start his own company.

Many of the guides were simply looking for opportunities to work with different cultures, growing as people and spreading their love of the magnificent peak ahead of them. I am confident that, with them, the future of tourism on Kilimanjaro is bright.

How to climb Mount Kilimanjaro

Kilimanjaro is an accessible high mountain to climb with no technical mountaineering skills required. The majority of people with a good level of fitness can summit the 5,895m altitude Uhuru Peak usually between people from outside Africa.

You need a guide on the mountain, and most trekkers organise their climb through one of more than 4,000 companies currently operating. These will typically provide accommodation and food, the required porters and a team of porters and guides.

You can find a list of Kilimanjaro Porters Assistance Project (KPAP)-registered companies on their website. KPAP is a voluntary body required to provide their porters with appropriate accommodation and food, and to ensure that they aren't carrying too much weight. Tip appropriately at the end of the mountain and remember although a company isn't operating on this list does not inherently mean it is operating unethically.

You can also ask companies directly about their operating standards before you book to find out if they meet the Tanzania National Park Authority and KPAP minimum ethical standards.

How to get there

Kenya Airways, Qatar Airways, British Airways, KLM, Ethiopian Airlines and Turkish Airlines all fly to Tanzania from the UK with a flight time of around nine hours and thirteen, after a layover. Flights start at around £530 return from London.

Your tour operator will likely organise a private transfer for your group to the base of the mountain. Alternatively, you could book a private shuttle bus. Most tours start when you start your climb. The gates are named after the routes.

Where to stay

Travellers usually stay in either Moshi or Arusha. Annaliese Smith stayed at an assortment of accommodations, including the Shiraz Coffee Plantation Lodge in Arusha (book now), Rambler Travel Farm in Arusha (book now) and Walk With Us Africa in Moshi (book now).

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